

Kindergarten 8 week Counseling Curriculum (Personal/Social Domain)

1. Feelings (2 lessons)

Covers the following standards in personal/social domain:

P/S7.K.31- Identify the feelings of happiness, sadness, and anger

P/S7.K.25- Identify and express feelings

P/S7.K.30- Recognize the vocabulary associated with the expression of feelings

P/S9.K.43- Practice sharing feelings at home and at school

2. Cooperation (2 lessons)

Covers following standards in personal/social domain:

P/S8.K.34- Demonstrate the ability to play cooperatively with others

P/S9.K.36- Demonstrate cooperative behavior in groups

3. Respect (1 Lesson)

Covers the following standards in personal/social domain:

P/S7.K.26- Recognize ones body as being special

P/s7.K.32- Discuss manners and the role they play in building relationships

4. Friendship (1 lesson)

Covers the following standards in personal/social domain:

P/S7.K.32- Discuss manners and the role they play in building relationships

P/S7.K.27- Recognize various interpersonal relationships in their lives

P/S7.K.28- List people and activities they enjoy

P/s8.K.34- Demonstrate the ability to play cooperatively with others

5. Conflict Resolution/Problem solving (1 lesson)

Covers the following standards in personal/social domain:

P/S9.K.36- Demonstrate cooperative behavior in groups

P/S7.K.25- Identify and express feelings

P/S8.K.33- Identify choices made at school and home

P/S9.K.42- Draw a picture of two strategies that could help him/her feel better

6. Making choices/Decisions (1 lesson)

Covers the following standards in personal/social domain:

P/S8.K.33- Identify choices made at school and home

P/S9.K.40- List choices made with the help of his/her support system with whom he/she may share feelings

P/S8.K.35- Recall a decision made independently

P/s9.K.42- Draw a picture of two strategies that could help him/her feel better